

Body Language & Emotions - Exercises




1. Facial Expressions

Complete the missing sections of the chart with either the verb for a facial expression, a picture (you can do it!), or adjectives that describe the emotion being shown and/or a situation when you might make this particular expression.

Pair work

When you've completed the chart try making the different expressions to a partner to see if they can guess which one you're making.

VERB	PICTURE	EMOTION/SITUATION
Grimace		
Grin		happy, overjoyed, ecstatic
Squint		
		serious, focussed, confused, angry, annoyed
Stare		
Glare		angry, resentful, hateful
		disdainful, mocking, contemptuous
Blush		embarrassed, self-conscious

Scowl		
		surprised, astonished, amazed, in awe of
Wince		
		self-satisfaction, smugness, complacency feeling pleased with oneself
Yawn		
Pout		sulking, dejected, seeking attention feeling sorry for oneself
		relaxed, contented, day dreaming, feeling in love

2. Tone of Voice

Choose the most appropriate verb/noun from below to complete the sentences using the correct form.

Whisper Mumble Shout Scream Whimper

She smiles, leans over and _____ a few words in his ear

Close to tears with the pain he _____ feebly in his bed.

A blood curdling _____ fills the air. Nobody moves.

The sergeant _____ his orders to his men.

Feeling very embarrassed she _____ a few words of apology.

3. Actions and Gestures

The verbs in the right-hand column are synonyms (but with a more poetic or dramatic sense) of the verbs in the left-hand column. Match the verbs between the left and the right columns that have the closest meaning.

Actions/Gestures	Dramatic Action
Pick up	She flops down in her chair.
Escape	He springs to his feet .
Stand up	He slams the door behind him
Lie down	She grabs her bag from him and rushes out of the room
Look (x 2)	He heaves the heavy bag into the trunk of the car
Close	She peers through the keyhole
Hold	Hearing a noise, he flees through the open window.
Leave	She collapses exhausted onto the bed.
Sit down	She clasps his hand in hers and gazes into his eyes.
Take	