

Adverbs of Frequency

Normally	Rarely	Frequently
Usually	Never	Occasionally
Sometimes	Always	Regularly
Every day/week/month...	Now and then	Seldom
Often	All the time	Hardly ever
Once in a while	Generally	All day/week/month...
Most of the time	From time to time	Daily/weekly/monthly/yearly
Not often	Not usually	Not always